

Check out this weeks **MONEY SAVING INSERTS Saver Pack**



experience  
our local flavour.



Foia Restaurant and Lounge offers a unique dining experience by offering the very best quality food to it's clientele.

This featured beef tenderloin entree is made with the finest of "local" ingredients such as naturally grass fed and hormone free beef from Wild Acre Farms, the potatoes are from Bradley Potato farm and the mushrooms are certified organically grown at Vidmar funghi mushroom farm.

Rosario Montaleone, owner of Foia explained, "Foia is in the midst of a major menu makeover focused on adding as much local product as possible to our menu by this fall. We are committed to serving only quality foods that are naturally grown without hormones and are chemical free. I have a profound respect for healthy locally grown foods, the opportunity to work with local producers, and to promote and support local businesses."

Rosario works with area growers across the Windsor Essex region and farm delivery and supplier services that are also open to the public, such as

**foia**  
restaurant + lounge

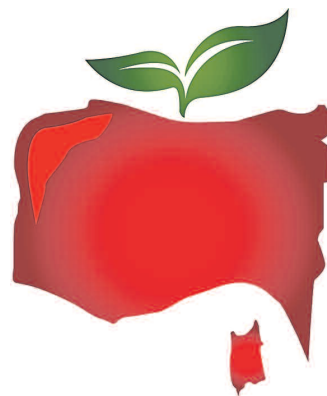
CountyConnect.ca and Trusty Food to You by Tredki Acres to bring the finest in local to his restaurant.

"It is not only tastier and healthier to eat locally grown foods but it also helps stimulate our local economy when we buy from and patronize local businesses. The push is on everywhere for local content, people are paying attention and are demanding more local foods and it's all right here!" added Montaleone.

LOOKING FOR LOCAL? VISIT FOIA RESTAURANT & LOUNGE AT 1614 Lesperance Road in Tecumseh. FOR RESERVATIONS CALL 519 739-9779 or visit [www.foiarestaurant.com](http://www.foiarestaurant.com)

Foia Chefs Rene Cartolano and Vanessa Parent present "THE ART OF COOKING LOCAL" by serving a beef tenderloin entrée.

Look inside for great local recipes



**GROWN  
RIGHT  
HERE.**

**WINDSOR-ESSEX**

LOOK FOR LOCAL. IT'S WORTH IT.

[www.welookforlocal.ca](http://www.welookforlocal.ca)

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